



# COCA Research Day 2018



in association with





# COCA Research Day 2018

Friday 31<sup>st</sup> August 2018

Dear Colleague,

You are invited to the seventh annual COCA Research Day to be held at Rydges Sydney Central. Registration opens at 8.30am for a 9:00am start.

The aim of this Research Day is to provide a forum for research collaboration in the chiropractic and osteopathic community, to share current information about your own research and to provide an opportunity to learn about the research of others.

## Speakers

### CHRISTOPHER WILLIAMS

Dr Chris Williams is a physiotherapist and NHMRC Early Career Research Fellow. He also holds a Clinical Research Fellowship with the Hunter New England Local Health District and is the program lead of the Musculoskeletal Health Program, a program conducted within a practice-research partnership at the Hunter New England Population Health Research Group. After completing a Bachelor of Exercise and Sport Science and Master of Physiotherapy, he completed his PhD in 2013 at The George Institute for Global Health, Sydney Medical School, along with postgraduate training in biostatistics before returning to Newcastle. His work includes the use of novel methods to conduct efficient research trials in routine practice to test intervention strate-

gies that target patient level and health service level outcomes. He has been involved in national, state and local level initiatives focused on improving patient care and better organisation of clinical and population health services for chronic pain and associated health risks and chronic disease.

### LUKE WOLFENDEN

Associate Professor Luke Wolfenden is a behavioural scientist. He completed his PhD at the University of Newcastle in 2006. Since this time, he has pursued a career in applied public health research. His research seeks to reduce the burden of chronic disease in the community by testing the effectiveness of interventions to improve health behaviours (such as tobacco and alcohol use, physical activity and nutrition) and to facilitate the translation of effective health promotion program into practice. He has worked with internationally recognised research institutions such as the United Kingdom Cochrane Centre, and the Centre for Practice Changing Research at the University of Ottawa. Associate Professor Wolfenden has undertaken consultancies for the World Health Organisation, Australian Federal Government and national non-government organisations including the Australian Drug Foundation.

### CARLO AMMENDOLIA

Dr Carlo Ammendolia is a graduate of the Canadian Memorial Chiropractic College. He received his MSc degree in Clinical

Epidemiology and Health Care Research and his PhD in Clinical Evaluative Sciences from the University of Toronto. Dr Ammendolia is an Assistant Professor in the Institute of Health Policy, Management and Evaluation, the Department of Surgery and the Institute of Medical Sciences at the University of Toronto. In 2012, Dr Ammendolia was the recipient of the Canadian Chiropractic Research Foundation Professorship in Spine Award from the Department of Surgery in the Faculty of Medicine. In 2015 he was awarded the Chiropractor of the Year from the Ontario Chiropractic Association and the Researcher of the Year Award from the Canadian Chiropractic Association in 2016. Dr Ammendolia has been in clinical practice for over 35 years and now combines clinical practice, research and teaching in the area of non-operative treatment of mechanical, degenerative and inflammatory spinal disorders with a special interest in degenerative lumbar spinal stenosis.

## WORKSHOP

This will take the format of interactive small group discussions. Delegates will have the opportunity to meet and discuss with speakers commonly encountered obstacles along the early and mid-career pathways. Aligned with their presentation topics, the speakers will describe brief scenarios of obstacles encountered in their work to date. Speakers will facilitate delegate discussions as they troubleshoot solutions. Scenarios include:

Aligning a researcher's program of study to health agency policies and agendas

Engaging key stakeholders in research to facilitate the translation of health promotion into practice

Maintaining both a flourishing research career and clinical practice

## RESEARCH PRESENTATIONS

The afternoon session will include podium presentations of scientific work. Up to 8 submitted abstracts will be selected for podium presentation. Each podium presenter will have 15-minutes to present their work, followed by 5-minutes group questions. This year there will be three podium presentation prizes on offer: Best Podium Presentation \$2,500, Second Place Podium Presentation \$1,000 and Third Place Podium Presentation \$500.

## POSTER SESSION

Abstracts that are not selected for podium presentation may be invited to the afternoon

poster presentation session. In this hour-long interactive session, authors will be required to stand alongside their poster for 30-minutes and engage in discussion with is interested colleagues. This session is intended to simulate networking and collaboration opportunities. To facilitate broad engagement there will be two adjacent 30-minute poster presentation sessions (session A and session B, swap-over after 30-minutes). This year there will be three poster presentation prizes on offer, for: Best Poster Presentation \$1,000, Best Student (non-higher degree research) Poster Presentation \$500, and People's Choice Poster \$500.

## PROGRAM

8.30 – 9.00am	Registration
9.00 – 9.10	Opening remarks by the Research Day convenor
9.10 – 9.40	<b>Christopher Williams</b>
9.40 – 10.10	<b>Luke Wolfenden</b>
10.10 – 10.45	<b>Carlo Ammendolia</b>
10.45 – 11.15	Morning Tea/Networking
11.15 - 12.30pm	Workshop Session
12.30 – 1.30	Lunch / Networking
1.30 – 2.30	Research Presentations
2.30 – 3.30	Poster Session/Afternoon Tea
3.30 – 4.30	Research Presentations
4.30 – 5.00	Prizes awarded and closing remarks by convenor.



# COCA Research Day: Registration Form

Last Name: \_\_\_\_\_

First Name: \_\_\_\_\_

Email Address: \_\_\_\_\_

**Registration Fees** - All registration fees (minus costs) go to COCA Research Ltd to help fund chiropractic and osteopathic research.

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|--|----------|
| <input type="checkbox"/> I am a COCA or CA member (all levels of membership accepted)  | \$175.00 |
| <input type="checkbox"/> I am a COCA or CA member enrolled full time in a Higher Degree by Research (Honours, Masters, PhD, etc) | \$125.00 |
| <input type="checkbox"/> I am not a COCA or CA member  | \$250.00 |

## Please charge my credit card

Card Number: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Expiry Date: \_\_\_\_ / \_\_\_\_

Name on Card: \_\_\_\_\_

☐ I have paid by direct debit to COCA Research Fund: BSB: 083-125 Acc No: 196145980

## Meals

- ☐ I require a vegetarian lunch.
- ☐ I require a special lunch (nominate here): \_\_\_\_\_

Lunch, morning tea and afternoon tea are included, courtesy of COCA Research Ltd.

Forms can be returned via email to: [rodney.kreymborg@coca.com.au](mailto:rodney.kreymborg@coca.com.au) or alternatively via fax to the COCA office on 1300 88 66 90